

## **Bow Parks and Recreation 2021 Summer Camp**

### **COVID-19 Guidelines:**

#### **Health Screenings/Temperature Checks of Staff**

• Health screenings; including temperature checks, are performed on every staff member every day and daily records kept. If not healthy the staff member will be sent home.

**Camp staff will ensure frequent handwashing with soap and water or use of hand sanitizer of themselves and of the campers when transitioning from one activity to the next.**

#### **Promotion of Health Practices:**

- Staff will make hand sanitizer available to all campers where hand washing stations are not available and will supervise campers using the hand sanitizer to ensure proper and safe use.
- Campers and staff will engage in proper hygiene to prevent the spread of communicable diseases including:
  - 1. Frequent Hand washing
  - 2. Avoiding close contact
  - 3. Coughing and sneezing etiquette
  - 4. Personal supplies
  - 5. Posting of signs on above protective measures
  - 6. Face Coverings: When physical distancing is not possible, face coverings will be used by staff and campers
  - Areas will be disinfected daily by camp staff.
  - All equipment and supplies will be cleaned and disinfected after use by camp staff.
  - All areas where campers and staff have been will be thoroughly cleaned daily by school personnel.

#### **Masks –**

- Masks must be worn by parents/guardians while dropping off and picking up campers.
- Campers and staff need to bring a clean cloth or new disposable mask to camp each day and must wear masks upon arrival and at all times when unable to maintain a distance of 6 feet or more from others.

## Drop Off/Check-In

Campers will be greeted by Bow Parks and Recreation Summer Camp staff outside in the parking lot near the Gym entrance in the rear of the building. Upon drop-off each day, children and staff will be screened by asking if the individual:

- a. Has any symptoms of COVID-19:
  - Fever 100.4 degrees Fahrenheit or above
  - Respiratory symptoms such as runny nose, nasal congestion, sore throat, cough or shortness of breath
  - General body symptoms such as muscle aches, chills, and severe fatigue
  - Gastrointestinal symptoms (nausea, vomiting, and / or diarrhea)
  - Changes in person's sense of taste or smell
  - Is a test/result pending?
- b. Has had any close contact with someone who is suspected or confirmed to have COVID-19 in the past 10 days.
- c. Has traveled in the past 10 days either: Internationally (outside the U.S.), By cruise ship, or Domestically (within the U.S.) outside of New England.

Person(s) with any COVID-19 symptoms, those who report close contact with someone suspected or confirmed with COVID-19, or those reporting travel risk factors will not be allowed into the day camp:

- Symptomatic persons should be instructed to contact their health care provider to be tested for COVID-19 and self-isolate at home following the instructions below
- Asymptomatic persons reporting close contact with someone suspected or confirmed with COVID-19, or who report one of the traveled-related risk factors should self-quarantine for 10 days from their last exposure or return from travel.
- Person(s) with suspect or confirmed COVID-19 must stay out of day camp until symptom-based criteria are met for discontinuation of isolation:
  - a. At least 10 days have passed since symptoms first appeared AND
  - b. At least 1 day has passed since recovery (recovery is defined as resolution of fever off any fever reducing medications plus improvement in other symptoms)
- Health Screenings on children will be done in keeping with the most recent recommendations of the American Academy of Pediatrics and CDC. These will be done before the parents/guardians leave, and in cooperation with the parent or guardian – anyone deemed not healthy will be sent home
- Adults dropping campers off will be asked to wear a mask if they are unable to maintain social distancing of 6 feet or more from others.
- Adults dropping off and picking up campers are asked to bring their own pen for the purpose of signing campers in and out.

## **Camper's Belongings**

We ask that any items brought to camp be labeled with the camper's first name and last initial.

- Water bottles and lunch boxes will need to be taken home daily and washed before being brought back to camp the following day.
- Lunches and Snacks must contain all of the needed utensils and dishes for the camper to successfully enjoy their food.
- All students will be required to bring their own drinks, lunches, and their own individual snacks.
  - Children's backpacks and water bottles will be clearly marked with their names and will be kept separate from all other camper's belongings
  - Campers will be instructed and reminded not to share any of their belongings, food, and beverage with other campers
  - Camper's lunches will be kept separate as well. We suggest placing items in an insulated container that can help keep foods maintain their intended temperatures (ie. hot foods hot and cold foods cold).
  - Areas where campers and staff re-fill their water containers will be cleaned and sanitized by camp staff several times per day.

## **Camp Activities**

- The goal is to keep campers outside as much as possible – (indoor access will be limited and groups will be separated during indoor time.
- Social Distant Activities – In cases when more than one group is in an indoor area, groups will remain socially distant.
- Sports equipment will be disinfected in between groups.
- Each group gets its own supply of generic arts & craft supplies
- Games and activities will be designed to allow for social distancing. Modifications may be made to traditional games and activities to ensure camper safety.
- Any equipment/supplies used will be sanitized after usage by camp staff.
- Field trips will not be taken this year per the governor's reopening guidelines.
- Large group/all camp activities will only occur if social distancing regulations can be applied and/or are relaxed significantly by the State of NH.

## **Masks –**

- Masks on children are not recommended by the American Academy of Pediatrics as the mask tends for children to touch their face more often and can create problems for children with breathing issues such as asthma while they are engaged in active play.

## **Breaks and Lunches**

- Campers will eat with their own group either outside or inside apart from other groups
- Campers will need to bring snacks and lunch with them
- Need for all campers and staff to bring own water bottle. No shared water jugs

## **Camp Size and staff ratios:**

- Campers will be divided into small groups. Our staff to camper ratio is 1:10.
- To the best extent possible, established groups will stay together for the entire camp session
- Groups will not co-mingle and will be socially distanced when in areas that can accommodate more than one group.

## **Illness Protocol –**

- If a Camper reports or exhibits COVID-19 symptoms (such as fever, cough, or shortness of breath), he/she will be masked, and, removed from contact with others, Staff will call 911, request EMS, report the specific symptoms to 911.
- Staff will immediately call the camper's parents or emergency contact and provide Emergency Medical Services personnel with parent/emergency contact information. EMS personnel, in consultation with parent/emergency contact, will determine treatment and transportation disposition.
- If a Staff member reports or exhibits COVID-19 symptoms (such as fever, cough, or shortness of breath), the staff member will be separated immediately from others and EMS will be called. EMS will determine treatment and will instruct the staff member to go home and or to a healthcare facility depending on how severe their symptoms are, and follow CDC guidance for caring for those who are sick. If unable to drive home independently, their emergency contact will be called and the staff member will be separated from others until they are picked up.
- Sick staff members or campers should not return to camp until they have met CDC's criteria to discontinue home isolation. Staff and families will be informed that they should not come to camp and that they should notify camp officials if they become sick with COVID-19 symptoms, test positive for COVID-19 or have been exposed to someone with symptoms or a confirmed or suspected case.
- Camp staff will close off areas used by a sick person and will not use these areas until after these areas have been cleaned and disinfected, including shared objects in the area.
- If a child or staff member who has been in the program is diagnosed with COVID-19; the camp will immediately notify local health officials, staff, and families about the exposure, while maintaining confidentiality and will contact the Bureau of Infection Disease Control (BIDC) at 603-271-4496.

- We will advise those who have had close contact with a person diagnosed with COVID-19 to stay home, self-monitor for symptoms, and follow CDC guidance if symptoms develop. At a minimum, camp will be closed to the group of the camper who tested positive for one day while the area used by that group is deep cleaned. Parents will be asked to monitor their children for any COVID-19 symptoms. Camp officials will work closely with Town of Bow EOC to determine on a case by case basis, what other steps are necessary to control the spread of the virus.
  
- Person(s) with suspect or confirmed COVID-19 must stay out of day camp until symptom-based criteria are met for discontinuation of isolation:
  - a. At least 10 days have passed since symptoms first appeared AND
  - b. At least 1 day (24 hours) have passed since recovery (recovery is defined as resolution of fever off any fever reducing medications plus improvement in other symptoms)