



August 2018 Edition

Welcome to the monthly bulletin from the Town of Bow. As part of our commitment to keep citizens informed and involved in the community, we hope you find this information to be useful. Follow the [public meeting schedule](#). Sign up for text and email notifications through [NotifyMe®](#). [Follow](#) Bow Police, Recreation, and Library on social media.



Photo by Eric Anderson

A Word from your Selectmen

The Selectmen are pleased to report that the reconstruction of the Birchdale Bridge was completed, and the road reopened for traffic. The radar traffic signs are back ordered and expected to be installed later in the summer. This project was planned for years before the bridge was closed. Thanks to the planning that went into the project, the cost of the construction was collected over a number of years so there was no tax increase needed

to pay for it.

A competitive bidding process was used to select the construction firm, and the project was completed well under budget. In 2024 Bow is scheduled to be reimbursed at least 70% of the cost as part of the State's bridge aid program.

The Selectmen appreciate that the project was successful thanks to Town Manager Stack's oversight, and the vision of former Selectmen Eric Anderson and Jack Crisp in establishing a Capital Reserve Account to set aside the funds over time to defray the cost, and former Selectman Ben Kiniry who also worked on the project during his three years on the Board.

In other news, progress continues on completing the life safety improvements to the Community Building. The Selectmen, the School Board and Town Department Heads are working towards a goal of having elections conducted there starting in the fall of 2019, instead of in the Memorial School.

Contact Us

As always, citizens are encouraged to contact our Chairman with concerns, words of praise for the terrific job done by Town employees, and to offer suggestions. Chair Chris Nicolopoulos can be reached at cnicolopoulos@bownh.gov



From L to R Tim Morrison Neighbor, () Engineer, David Stack Town Manager, Selectmen Matt Poulin, Chairman Chris Nicolopoulos, Selectman Harry Judd, () Engineer, Beverly Griswold Neighbor



David Stack, Town Manager
Photo © Eric Anderson.

Town Manager's Report

Working in the Heat

I would like to recognize the work performed by our Public Works, Fire and Police personnel during the very hot and humid conditions that they have faced this summer. They continue to provide top-notch service to Bow's residents in spite of these working conditions. THANK YOU!

2018 Summer Concert Series

Do you enjoy live music? Are you looking for a chance to get together with your neighbors and friends?

The Bow Rotary Club presents concerts each Sunday evening from 6:00 to 8:00 p.m. at the Bow Bandstand (corner of Logging Hill and Knox Roads).

The following bands will be performing in August:

August 12 - Hickory Horned Devils
August 19 - Honey Bees

Bring your blankets and chairs. Food and refreshments are served by the Bow Community Men's Club. In the event of rain, the concerts will be held in the Bow Community Building.

Twitter: @BowManager

Bow Parks and Recreation Department

Discount Amusement Tickets

Looking to go to Funtown Splashtown, Six Flags New England or Water Country this summer? We have discount tickets to these venues for you to use any date throughout the summer. Tickets are limited so check in early. It's a great way to save some money!

Try a Boot Camp Class for Free in the Month of August!

If you have been thinking about joining our bootcamp class, stop by one of our August Classes and try it out, free! Classes are held Tuesdays and Thursdays, from 6:00 AM to 7:00 AM. Come and give it a try. New session begins in September.

Photography Class

Looking to learn how to really use your DSL camera? If so, we have the class for you. This two session class will be held August 16 & 23 from 10:00 AM to 11:30 AM. The fee is \$55.00. You will learn the *What, How and Why* behind your camera settings, as well as, tips and tricks for taking better pictures. Pre Registration needed.

Line Dance Class

Welcome back from summer vacation! Join our beginner line dance class. No experience needed. You will learn to sailor and twinkle and have so much fun! This class will be held Wednesday, August 29, 8:30 AM to 10:00 AM at The Bow Community Building. The Fee? We are Paying it Forward by asking you to bring a donation of Dog or Cat food for the SPCA. Pre-Register by giving us a call or stopping by.

Fall Soccer Registration going on now! Bow Recreation offers Soccer for pre-school and kindergarten age children. We have openings in our Friday Classes, 3 & 4 year olds 10:00 AM to 10:45 AM and 4 & 5 year olds from 11:00 AM to 11:45 AM. Our Saturday and Kindergarten Programs are full. We are taking a waitlist.

We are looking for a Dance Instructor Do you have a passion & experience for dance & working with children? We are looking for a Part-Time Dance Instructor. If interested, please contact us.

Fall Program Brochure

Anne-Marie is working with all our terrific instructors, getting the Fall Brochure ready! Expect to see this out in early August, with registration beginning August 8, for Bow Residents and August 15, for Non-Residents. It's going to be a great Fall here at Bow Recreation!

Check out our [Facebook Page Bow Parks & Recreation](#)

This page is updated regularly to keep you informed of "Parks & Recreation Happenings" here in Bow.



Bow Police Department

"Dabbing" What you need to know as a parent

"Dabbing" is a growing drug trend. People (teens included) who use marijuana are looking for a new way to get high and are increasingly turning to "dabbing."

Dabbing is inhaling the vapors from a concentrated form of marijuana made by an extraction method that uses butane gas. Dabs, also known as butane hash oil (BHO) sometimes called "budder," "honeycomb" or "earwax".

It is more potent than conventional forms of marijuana because it has much higher

concentrations of the psychoactive chemical [THC](#), that is found in regular cannabis. When users attempt to create dabs at home, in a process known as "blasting," the safety risks are comparable to those of manufacturing methamphetamine, people often use modified water pipes (bongs) to smoke the dab, but dabs can also be put into an [e-cigarette and be vaped](#). Small fires, explosions and burns can result when "blasters" use butane in their garages or kitchens.

A survey of about 350 frequent marijuana users and researchers found that the users viewed dabbing as more dangerous than other forms of cannabis use, because they reported it led to a higher tolerance for the drug, and worse withdrawal symptoms, suggesting a possibility of addiction or dependence.

Bow Police is hearing that our juveniles are partaking in "Dabbing". **Please talk to your kids to keep them safe.**

Beware of IRS Scams!

The IRS continues to warn consumers on impersonation scams,,the IRS would like to remind people to remain alert to other scams and schemes this summer.

With tax season completed, the Internal Revenue Service warned taxpayers to remain vigilant for phishing emails and telephone scams. Summertime tends to be a favorite period for scammers because many taxpayers have recently filed a return and may be waiting for a response from the IRS.

The IRS doesn't call and leave pre recorded urgent messages asking for a call back. In this tactic, the victim is told if they do not call back, a warrant will be issued for their arrest. Other variations may include threat of other law enforcement agency intervention, deportation or revocation of licenses. Criminals are able to fake or spoof" caller ID numbers to appear to be anywhere in the country, including from an IRS office. This prevents taxpayers from being able to verify the true call number. Fraudsters also have spoofed local sheriff's offices, state Department of Motor Vehicles, federal agencies and others to convince taxpayers the call is legitimate.

Know the rules of Mobile Electronic Devices while driving and not driving

RSA 265:79-c Use of Mobile Electronic Devices While Driving; Prohibition. No person, while driving a moving motor vehicle upon a way, or temporarily halted in traffic for a traffic control device, or other momentary delay, shall use any hand-held mobile electronic device capable of providing voice or data communication, including but not limited to: reading, composing, viewing, or posting any electronic message; or initiating, receiving, or conducting a conversation; or initiating a command or request to access the Internet; or inputting information into a global positioning system or navigation device; or manually typing data into any other portable electronic device. An operator of a motor vehicle who holds a cellular telephone or other electronic device capable of voice communication in the immediate proximity of his or her ear while such vehicle is in motion is presumed to be engaging in a call within the meaning of this section.

Any person who violates this section shall be guilty of a violation and shall be fined \$100 plus penalty assessment for a first offense, \$250 plus penalty assessment for a second offense, and \$500 plus penalty assessment for any subsequent offense within a 24-month period.

No person less than 18 years of age shall use a cellular or mobile telephone or other mobile electronic device, whether hands-free or not, while driving a motor vehicle in motion or temporarily stopped in traffic upon any way, except to report an emergency to the enhanced 911 system or any public safety agency.

Possession of Tobacco Products, E-Cigarettes or Liquid Nicotine by Minors

RSA 126-K:6 No person under 18 years of age shall purchase, attempt to purchase, possess, or use any tobacco product, e-cigarette, or liquid nicotine.

The prohibition on possession of tobacco products, e-cigarettes, or liquid nicotine shall not be deemed to prohibit minors employed by any manufacturer, wholesaler, sub-jobber,

vending machine operator, sampler, or retailer from performing the necessary handling of tobacco products, e-cigarettes, or liquid nicotine during the duration of their employment. A minor shall not misrepresent his or her age for the purpose of purchasing tobacco products. Notwithstanding RSA 169-B and RSA 169-D, a person 12 years of age and older who violates this section shall not be considered a delinquent or a child in need of services.

Public Service Announcement

****Our Department is taking a “No Tolerance” stance to anyone under the age of 18 in possession of e-cigarettes: Any minor who violates this section shall be guilty of a violation and shall be punished by a fine not to exceed \$100 for each offense or shall be required to complete up to 20 hours of community service for each offense, or both. Where available, punishment may also include participation in an education program.**

What is Operation Call In?

This community policing service is to check the safety and welfare of elderly or individuals within our community who live alone or have special needs, who do not have regular daily contact with relatives, friends or neighbors.

When a person decides to enroll in this program, they will sign a contract agreeing to phone the Bow Police Department, Monday through Friday, between the hours of 9 AM and 11 AM. The people will identify themselves and state that they are checking in as part of the Operation Call In (OCI).

If the police department has not heard from a person enrolled in this program by 11 AM, contact by telephone will be attempted. If there is no answer, a Police Officer will be dispatched to the residence to check the safety and welfare of the person. An Application form and an Agreement form will need to be filled out if you are interested in participating in the Operation Call-In program.

In the past, we have had instances where a check of a person enrolled in the program, that failed to call in, was found to have had a medical emergency or had fallen and we got them the assistance that they needed. For more information visit our website, come in, call or email the Police Department.

Community Development

Planning Board approved two site plan modifications for Matt Brown Truck Repair and Seawal Realty, LLC and one open space subdivision for 6 lots on Albin Road.

Zoning Board approved a variance for 19 Bow Center Road to remain as residential use. There will be a new residence built there.

A kick-off meeting was held last month to start a feasibility to extend Bow’s Municipal Water System north; the study has been funded by NHDES.

Read the latest meeting minutes for all the Town boards here: <https://nh-bow.civicplus.com/AgendaCenter/>

Public Works Department

2018 Road Projects

Our major paving projects were South Bow Road (2.7 miles) and Allen Road (2.2 miles). Prior to paving, the DPW crew replaced culverts and installed under drainage on both roads. After this work was done, shim and overlay paving was applied to both roads. The total cost of the projects was \$451,131 and it was funded from three sources: Town Budget; capital reserve funds; and a one-



time State of NH
Highway Aid grant of \$189,500.

DPW Equipment Replacement

Voters at the 2018 Town Meeting authorized withdrawals from the DPW Equipment Capital Reserve Fund to fund the replacement of three pieces of equipment. After a review of bids received, the Board of Selectmen recently approved the following purchases:

- International HV507 6 wheel cab & chassis - Liberty International with additional equipment from HP Fairfield
- Dodge Ram 3500 one ton truck cab & chassis - Hillsboro Chrysler Dodge Jeep RAM with additional equipment from HP Fairfield.
- John Deere 6105E tractor - James R Rosencrantz & Sons with additional equipment from Beauregard Equipment, Inc.

Winter Plowing Preparation

Mechanics in the Fleet Maintenance Division have begun working on the Department's sand/salt spreaders to make them all uniform and address any maintenance issues that may occur during the upcoming season. They have also done quite a bit of housekeeping and organization of our winter equipment.



Office of the Town Clerk

Important Software Upgrade may temporarily affect Motor Vehicle Registrations

On August 13 and August 14, the Town Clerk's Office will be upgrading the software that is used for motor vehicle registrations, and other processes as well. Please be advised that Town Clerk's Office may or may not be able to process registrations on those days. We apologize for any inconvenience that this may cause.

Upcoming Elections

State Primary Elections: Tuesday, September 11, 2018

State General Elections: Tuesday, November 6, 2018

Absentee Ballots

- Absentee ballot request forms for these elections will be posted online on the Town of Bow website.
- Please make sure you fill out a separate request form for each election. For the primary election, if you are registered as undeclared, you have to pick a political party so we can mail you the correct ballot.

Voter Registration

The last day to change party affiliation was June 6, 2018.

Last date for voter registration is Wednesday, September 5th till 4:00 PM at the Town

Clerk's office or later at 6:00 PM when the supervisors meet at the Municipal building on Wednesday September 5th . But you can always register to vote on election day at the polls.

If you have moved within the Town, or have moved into town, please make sure you get your address changed by coming into the Town Clerk's office with proof of residency. You can do that at the Town Clerk's Office up until Wednesday, September 5, 2018 or at the polling place.

Bow Heritage Commission

Save the Date - Fall Heritage Day - September 29

This year's Heritage Day will be held on Saturday, September 29, 2018, 11:00 AM. to 2:30 PM., at the Bow Bog Meeting House, 111 Bow Bog Rd. There will be entertainment, displays, demonstrations and more, including a free Homemade Pie Social; Memorial Bell Ringing Service; and a presentation on the history of the 1832 Bow Baptist Church. The Men's Club will be offering lunch for a small fee.

Watch for more information to come. If you would like more information on having a display or demonstration please contact Faye Johnson fjohnson915@myfairpoint.net or 603-228-8149

Baptist Church Steeple Restoration

The Heritage Commission will be assisting Pastor Rick Huntley with applications for state recognition and grants in restoring the steeple of the former Baptist Church built in 1832. Look for future information on how residents can help. Learn more about this building and its history at the Fall Heritage Day.

Don't Miss the Opportunity to Leave your Mark in Bow

The Bow Public Safety Supporters are once again having a brick fundraiser for continued landscaping at the Bow Safety Center. You can have your name or business engraved on a brick that will be permanently displayed at the front of the building. What a great way to leave a lasting impression.

Bricks are available in two sizes, 4" X 8" for \$ 75.00 and 8" X 8" for \$ 125.00. The bricks, engraved with your message, will be installed in Spring of 2019 (weather permitting). If you have any questions, please email [Tonia Lindquist](mailto:Tonia.Lindquist) or you can call her at 223-3910. Please place your order by December 31, 2018.

[Click here](#) for an order form. To view more photos of what the bricks look like and the landscaping that has been done, please go to the [Town of Bow's website](#) and it is right on the homepage.



Photo by Eric Anderson

Baker Free Library

Book Donations No Longer Accepted Outside of Monthly Donation Day

Due to a prolonged and serious misuse of the book bin outside of the library, starting immediately we will no longer accept book donations outside of the Friends' Monthly Donation Day. This was not an easy decision to make, and unfortunately we just can't be the book recycling bin for the community, if people do not adhere to the parameters set by the Friends.

The donation bin purpose was to collect gently used, clean, saleable books for the Friends book sale. Instead, the majority of donations over the past two months have been old, moldy, and in a condition that no one would pay money for. If you have books that are appropriate for the Friends book sale, please visit their donation day on Saturday September 29, 2018 from 10 AM to 2 PM here at the library. Otherwise, your book donations should go to any of the following entities: Bow Mills United Methodist Church (bin in parking lot); Salvation Army; Goodwill. **Please do not leave boxes of books outside of our entrance.** We simply cannot handle the recycling volume and the staff time to deal with disposing of materials that we cannot use in any way. For now, the Friends book sale will continue to be open every day that the library is open. Thank you in advance for respecting our decision and perspective.

FREE community yoga classes start again on September 8, 2018

Our FREE monthly community yoga classes will begin again on Saturday September 8, 2018 from 9 AM to 10 AM in the Library's Lower Level. Please register in advance by emailing lori@bakerfreelib.org, or calling 224-7113. If this is your first time attending our community classes, please arrive by 8:45 AM so that you have time to fill out the liability waiver and get set up. Namaste!

Library Class/Event Highlights

Taste of the Mid East Bashirah Belly Dancing on Tuesday, August 7, 2018 at 5:30 PM Join the Bashirah Belly Dancing group for a demonstration, instruction on basics of belly dancing, and a sampling of mid eastern food! Come share some time with neighbors and friends. To register, visit the [Library Calendar](#) and click on the hand symbol on July 17, 2018 (registration is necessary so we have enough food for everyone attending!)

Movie of the Month, The Best Exotic Marigold Hotel, Monday, August 13, 2018, at 6:30 PM An award winning, all star cast, includes Judi Dench, Maggie Smith and Tom Wilkinson. When seven seniors decide to "outsource" their retirement to a resort in far off India, friendship and romance blossom in the most unexpected ways. Rated PG-13, 124 mins long. No registration is required. Popcorn will be provided. Movie will be shown in our Lower Level. Free and open to the public.

Acrylic Paint Pouring, Tuesday, August 14, 2018 at 6 PM

Join Margaret Leary to discover the process of creating unique 8" x 10" abstract artwork on canvas! Ages 13 and up Registration is limited to 10 participants. To register, call 224-7113 or email betsy@bakerfreelib.org. Don't wait the last class offered by Margaret filled up in just days!

Friends of Baker Free Library

The Friends of the Baker Free Library will NOT hold a book donation day in August. The next donation day will be Saturday September 29, 2018 from 10:00 AM to 2:00 PM. Questions? Email info@bakerfreelib.org

The Summer Reading Program ends with a Celebration of African Drumming on August 22, 2018. The Celebration will occur on Wednesday, August 22, 2018, starting at 5:00 PM with ice cream, and continuing with an hour long African drumming session beginning at 5:30 PM with Akwaaba Ensemble that all can join! Come celebrate your reading accomplishments with your friends and neighbors. No registration just drop in!



Photo provided by the Baker Free Library

Looking for the perfect gift?

The Heritage Commission has various items available for purchase at the Town Manager's Office, in the Bow Municipal Building, 10 Grandview Road. This month's featured item is the 100 Acres More or Less book, written by David Bundy. This book is about the history of the land and people of Bow, and sells for \$20.00.



Also available are note cards featuring photos taken by Eric Anderson of various buildings and scenery in the town, and suncatchers of the Bow Bog Meeting House.

100 Acres More or Less

TOWN OF BOW


Community


CALENDAR


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