



March 2018 Edition

Welcome to the monthly bulletin from the Town of Bow. As part of our commitment to keep citizens informed and involved in the community, we hope you find this information to be useful. View the Town of Bow's [Community Calendar](http://www.bownh.gov/132/Community-Calendar) [<http://www.bownh.gov/132/Community-Calendar>].

Send us your event information, so we can add it to the calendar. Follow the [public meeting schedule](http://www.bownh.gov/calendar.aspx?CID=28) [<http://www.bownh.gov/calendar.aspx?CID=28>]. Sign up for text and email notifications through [NotifyMe](http://www.bownh.gov/list.aspx) [<http://www.bownh.gov/list.aspx>]. Follow [<http://www.bownh.gov/twitter>] Bow Police, Recreation, and Library on social media.



David Stack, Town Manager
Photo © Eric Anderson.

Town Manager's Report

2017 Annual Town Report

The report has been sent to the printer and it will be available on Tuesday, March 6. Thank you to AA Tonia Lindquist for pulling everything together.

Community Calendar

Have an event you would like to add to the Town of Bow Community Calendar? The calendar serves as a great resource for getting the word out and for residents interested in attending the various events that are put on by town organizations. Send us your event information by visiting the [Community Calendar Page](#) for details.

2018 Town Meeting and School District Meeting

Town and School Elections

Tuesday, March 13, 2018 at Bow Memorial School
Polls will be open from 7:00 a.m. to 7:00 p.m.

The Candidates Running are as follows:

Board of Selectmen (2 Openings)

Shannon Rhodes
Matthew Poulin
Michael G. Wayne

Budget Committee (2 Opening)

Jeffrey Knight
Joseph Rheaume
Melissa Radomski
Ben J. Kiniry

Town Clerk/Tax Collector (1 Opening)

Mridula Naik

Town Moderator (1 Opening)

Peter Imse

Town Treasurer (1 Opening)

Roland Gamelin

Supervisor of the Checklist (2 Openings)

Jennifer McDaniel

Lisa Cohen

School Clerk (1 Opening)

John E. Rich, Jr.

School Board Member (1 Opening)

Jennifer Strong-Rain

Robert Hollinger

Trustee of the Trust Funds (1 Opening)

Jonathan Marvin

Library Trustee (1 Opening)

Jennifer Warburton

Converse Peirce Hunter

Save the Date

Town Meeting

Wednesday, March 14, 6:30 p.m. at Bow High School

[2018 Town Warrant \[https://nh-bow.civicplus.com/DocumentCenter/View/1980\]](https://nh-bow.civicplus.com/DocumentCenter/View/1980)

School District Meeting

Friday, March 16, 7:00 p.m. at Bow High School

[2018 School District Warrant \https://docs.google.com/viewer?

[a=v&pid=sites&srcid=Ym93bmV0Lm9yZ3xib3ctc2Nob29sLWJvYXJkfGd4OjQzNGI1YTE4MTAxNTAxODU\]](https://docs.google.com/viewer?)

Baker Free Library

Town Candidate bio information available

We asked all candidates who have filed to run for an elected town office to fill out and return a Candidate Information sheet so that we can distribute consistent information about all candidates to residents. This information packet is available at the library, on the library web site www.bowbakerfreelibrary.org, and at the Town Clerk's office. If a candidate did not return a form, we simply list their name and the position they have filed to run for in the election. Remember, elections will take place at BMS on Tuesday 3/13!

Goodbye to Jennifer Ericsson, our Children's Librarian

Jennifer Ericsson, our Children's Librarian for the past 17 years, is retiring as of 3/15. Her last day in the library will be 3/12. Please wish her well as she moves on to the next chapter in her life! She will be very missed. A search is underway for her replacement, and we hope to have someone in place by June 1st.

Songs of Emigration: Traditional Irish Music on 3/13 at 6:30 p.m.

Through traditional music Jordan Tirrell-Wysocki relays some of the adventures, misadventures, and emotions experienced by Irish emigrants. The focus is on songs about leaving Ireland, sometimes focusing on the reasons for leaving (a man who is driven from his land by English persecution), sometimes revealing what happened upon arrival (an immigrant drafted into the Union army during the Civil War), and sometimes exploring the universal feeling of homesickness of a stranger in a strange land (a factory worker in London missing his home in County Clare). The presenter discusses the historical context of these songs, interspersing their stories with tunes from Ireland that made their way into New England's musical repertoire, played on his fiddle or guitar. This program is sponsored by a grant from the NH Humanities. Free and open to the public. For more information, email kate@bakerfreelib.org.

Basics of Hand Sewing on Saturday 3/24 at 11:00 a.m.

Join Bow resident Kathy Roberge on March 24th to learn some basic hand sewing skills! We will learn a variety of simple hand sewing stitches that will allow you to sew on a button, repair a zipper, fix a seam, and hem your clothes. We will also learn a few "tricks of the trade" that will make the whole process easier! **Class limited to 6. Registration required.** Please register by March 20th through our online calendar by clicking the writing hand under the program title. Questions? Contact Kate at kate@bakerfreelib.org or call 224-7113.

Introduction to Tapping (EFT) on Wednesday 3/28 at 6:30 p.m.

Would you like to reduce your short-term or chronic stress? Reduce stress-related pain? Join Barbara Belmont as she introduces guided tapping, a technique that has shown to have many benefits to overall health. Registration is encouraged.

FREE Yoga classes for Bow residents - 3/3 & 3/4

Due to a collaboration with YogaNH (Concord, NH), the library is pleased to offer FREE 1-hour yoga classes each month to Bow residents and library card holders! These classes are suitable for all levels, and the classes for March will be Saturday 3/3 and Sunday 3/4 from 9 am to 10 am. REGISTRATION IS REQUIRED! Classes will be held in the Library's Merrimack County Savings Bank Room in the Lower Level. Because these classes are being held outside of library operating hours, participants will need to enter through the Lower Level door near the handicapped parking and ramp. To register, contact Lori Fisher at 224-7113 or lori@bakerfreelib.org [mailto:lori@bakerfreelib.org?subject=Register%20for%20Yoga%20Community%20Class]. Thank you to YogaNH [<https://bowbakerfreelibrary.us1.list-manage.com/track/click?u=dc495ac7a8891932fc64879c2&id=db8a794bae&e=40e586b856>] for giving back to the Bow community as part of their paid use of our facilities for events and workshops!

Don't forget to test your wells!
Town of Bow
Drinking Water Protection Committee

Did you know that arsenic is naturally occurring in bedrock and is found at unsafe levels in at least 20% of private wells in New Hampshire and at similar rates in other states?

Just like your car needs regular maintenance to run smoothly, it is important that you **TEST your private well drinking water on a regular basis** for arsenic and other contaminants like bacteria, lead, and radon to name a few.

Plan to test every 3 to 5 years-- use presidential elections, leap years, or 35,000 markers on your car's mileage to remind you!

Learn more about arsenic and how to test your private well water at [www.ArsenicandYou.org](https://urldefense.proofpoint.com/v2/url?u=https-3A_dartmouth.us16.list-2Dmanage.com_track_click-3Fu-3Db9bd5a66dd995a0bb87af290e-26id-3Db4ff9ae341-26e-3Dc93ec824ac&d=DwMFaQ&c=vYI7KJMDuM7F-Nqf_hfailBifPmyspo7hrJGINN7nU&r=m4Zt4w741LmZIIIeOdZSK3xOthjkoU_H3L9yg3hqNVU&m=hH8P-gbbKLEykbaFprNIdAWHs4D4IydawHeZ9wizkvo&s=A7-WkpdTyxiuzGTZjswM1dldfJvijGpWsr10LcPI2U&e) [https://urldefense.proofpoint.com/v2/url?u=https-3A_dartmouth.us16.list-2Dmanage.com_track_click-3Fu-3Db9bd5a66dd995a0bb87af290e-26id-3Db4ff9ae341-26e-3Dc93ec824ac&d=DwMFaQ&c=vYI7KJMDuM7F-Nqf_hfailBifPmyspo7hrJGINN7nU&r=m4Zt4w741LmZIIIeOdZSK3xOthjkoU_H3L9yg3hqNVU&m=hH8P-gbbKLEykbaFprNIdAWHs4D4IydawHeZ9wizkvo&s=A7-WkpdTyxiuzGTZjswM1dldfJvijGpWsr10LcPI2U&e].

Parks & Recreation Department

Spring Recreation Flyer

Have you checked out our Spring Activities Flyer? It's full of activities for children through adults. Check it out. Registration for all our programs is first come/first served and many will fill up! Find our flyer on the town website – Check it out on the [Parks & Recreation Page](http://bownh.gov/256/Parks-Recreation) [<http://bownh.gov/256/Parks-Recreation>].

Easter Egg Hunt/Breakfast Saturday, March 24, 2018

Join us for our Annual Easter Egg Hunt. The festivities will begin with The Bow Men's Club Annual Easter Breakfast from 8:30 a.m. - 9:45 a.m. at the Bow Elementary School Cafeteria. The fee is \$7.00 for adults, \$3.00 for children. The Easter Bunny and our mascot Bowgie will be at the breakfast to visit with the children. The Egg Hunt will start promptly at 10:00 a.m. at the Bow Elementary School Field for children in 4th grade and younger. You don't want to be late! Bring a bag or basket to collect your eggs.

Summer Camp

Summer Camp/Trip Registration will begin on Wednesday, April 4th from 5:00pm-6:30pm.

Check out our Facebook Page [<https://www.facebook.com/Bow-Parks-Recreation-1040106552731257/>] This page is updated regularly to keep you informed of "Parks & Recreation Happenings" here in Bow



Police Department

Speeding is a major concern throughout Bow.

Please observe the speed limit signs posted all over town for your safety and the safety of others. **NH RSA 265:60 Basic Rule and Maximum Limits.** – No person shall drive a vehicle on a way at a speed greater than is

reasonable and prudent under the conditions and having regard to the actual and potential hazards then existing. In a posted **school zone**, at a speed of **10 miles per hour below** the usual posted limit from 45 minutes prior to each school opening until each school opening and from each school closing until 45 minutes after each school closing.

NH Highway Safety Grants

Bow Police have obtained a few grants funded by the NH Highway Safety Agency – allowing us added patrol hours to enforce motor vehicle laws and DWI enforcement. The implementation of a highway safety program is designated to reduce traffic crashes and the resulting deaths, injuries, economic losses and property damage on the roadways in the State of New Hampshire/Town of Bow.

Facilitating a Drug or Underage Alcohol House Party

Per NH RSA 644:18, a person shall be guilty of a misdemeanor if such person owns or has control of the occupied structure, dwelling, or curtilage, where a **drug or underage alcohol house party** is held and such person knowingly commits an overt act in furtherance of the occurrence of the drug or underage alcohol house party knowing persons **under the age of 21** possess or intend to consume alcoholic beverages or use controlled drugs at such drug or underage alcohol house party.

"Drug or underage alcohol house party" means a gathering of **5 or more people under the age of 21** at any occupied structure, dwelling, or curtilage, who are unrelated to the person who owns such occupied structure, dwelling, or curtilage or has control thereof, where at least one person under the age of 21 unlawfully possesses or consumes an alcoholic beverage or controlled drug. This shall not apply to the use of alcoholic beverages at legally protected religious observances or activities, or to those persons using a controlled drug under a physician's care where the use of the drug is consistent with the directions of a physician. **Parents**, please do not allow your children to violate this law. Call the Police if you are going away and leaving your underage children home alone. We can go check on them throughout the night to possibly prevent any laws from being broken or lives from being lost.

Possession and Use of Tobacco Products, E-cigarettes, or Liquid Nicotine by Minors

Per NH RSA 126-K:6, No person **under 18 years of age** shall purchase, attempt to purchase, possess, or use any tobacco product, e-cigarette, or liquid nicotine. Any minor who violates this section shall be guilty of a violation and shall be punished by a fine not to exceed \$100 for each offense or shall be required to complete up to 20 hours of community service for each offense, or both. Where available, punishment may also include participation in an education program.

What is vaping, E-Cigs, Juuling?

These are all the same thing. Vaping is the newest method of delivering Nicotine into the body. It was originally marketed as a device to help smokers quit. It has quickly become the new rage for our youngsters. We have seen an increase in its popularity in school. It seems to be the "Norm" for our kids to be using these vapes in their cars, in the school bathrooms, and even in classrooms. Juveniles explain that it doesn't have any nicotine in it so it's no big deal. It is illegal for them to possess the vape regardless of the content. The "E-juice" or liquid in the device is not highly regulated and some of the Nicotine Free E-Juice still contains Nicotine and countless other chemicals. Some of our kids are using vapes with liquid THC, (the active ingredient in marijuana). If you look vaping up online you will find studies showing how safe it is and studies telling you how harmful it is. The truth is that there isn't enough research out there to say how dangerous it is. We do know that Nicotine is highly addictive and alters the way the brain works. That's why so many people for so many years have fought to get off cigarettes. Talk to your kids about this and if you have any questions please feel free to reach out to our department.

Beware of Package Delivery Scams

Bow Police received a report of a suspicious car parked in front of a residence on Woodhill Hooksett Road. An Officer made contact and identified the male occupant who was then moved along from the area. A short while later packages arrived at the residence from UPS, the intended recipient does not live there. The packages were addressed to the earlier vehicle occupant. The homeowner refused delivery and the packages will be returned to the original shipper. Generally, with this type of scam the

recipient will be somewhere in the area waiting for the delivery. If you see a parked vehicle in your neighborhood you do not recognize, or one driving by multiple times, please call 228-0511. If you should receive a delivery at your address which is not addressed to anyone in your family, we suggest you refuse the delivery and notify the Police.

"See Something, Say Something"
[Town of Bow Police Department](#)

Public Works Department

Highway Division

The highway crew plowed and treated roads and parking areas for 10 ice and snow events. The crew assisted with the reorganization of the shop area. The crew, between storms, were busy rebuilding and painting plows and wings on the trucks.

Christmas trees were dropped off and chipped into mulch. The brush from storm road hazards were chipped into mulch as well. The Highway Division is working on filing potholes and started posting frost heave signs.

Recreation Division

During the winter season the groundskeeper helps with plowing and finishing the winterizing of tractors etc. The Recreation Division also keeps the pond plowed and ready for skating after each storm.

Fleet Division

The new Kenworth 10 wheel truck was a huge fixture in maintaining the winter roads this new truck eliminates a return trip to the garage for second load of road treatment material on the longer plow routes. Saving, time, money and stress on the equipment. Fleet Maintenance Manser Scott Beaulac continues to organize the shop area.

Buildings Division

If you been to the Municipal building lately you may have noticed some of the meeting rooms have been painted. The Building department Installed a new door leading from the mezzanine to the old police station.

"Go Slow and See Bow"

[Town of Bow Public Works Department](#)

[<http://bownh.gov/273/Public-Works>]

Bow Heritage Commission

The Baker Heritage Room at the Baker Free Library will be open **Tuesday, March 6 and Saturday March 17 from 10:00 a.m. to 2:00 p.m.** Bow Heritage Commission members will be available to assist you in locating and viewing materials. Please check in at the library desk before going to the Heritage Room.

Volunteers interested in staffing the room can apply during open hours or contact Faye Johnson 603-228-8149.

Issues of *The Bow Times* from 1988 thru 2008 donated by Janet Shaw are being inventoried and will be available for research in the near future.


We invite you to stop by our table on voting day, March 13, to purchase books, note cards and/or sun catchers, check out our history display, and share some of your history with us.


We look forward to visiting with you.




[View past issues of the *Bulletin*.](#)

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